



1

Getting started. Please remove all contents from bag and box. This includes cold compression therapy machine, components as well as instructions for use, user manual and return shipping label.



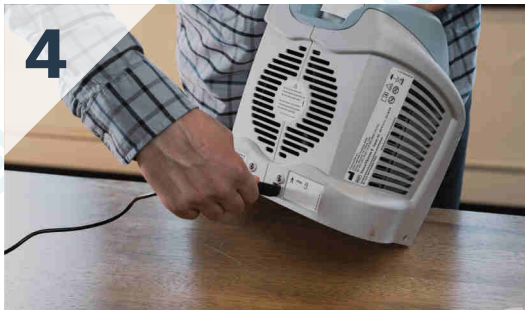
2

Plug in grey power cord into power supply.



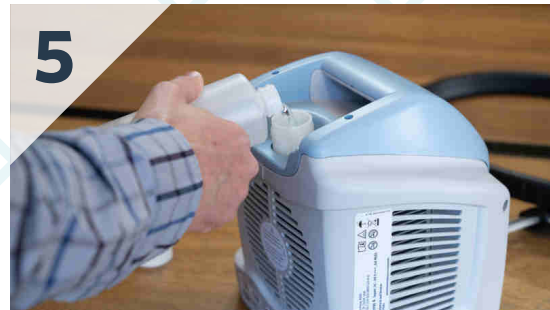
3

Plug in other end of grey power cord into power outlet.



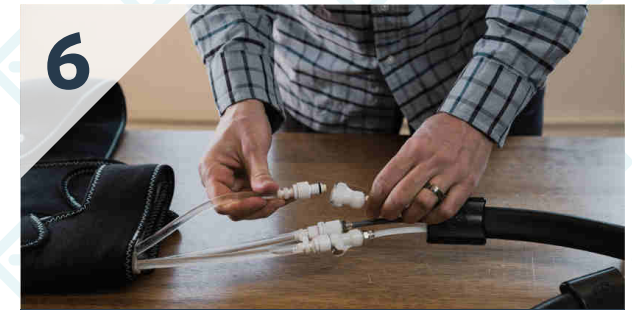
4

Plug in black cord of power supply into back of machine. Please be sure cord is completely engaged and attached to machine.



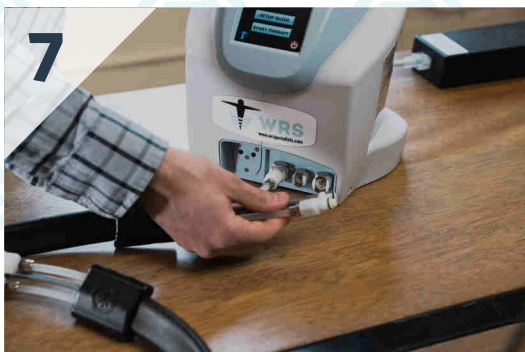
5

Uncap machine. Pour fluid from bottle provided into machine, until fluid meets blue plastic. Secure cap back onto machine.



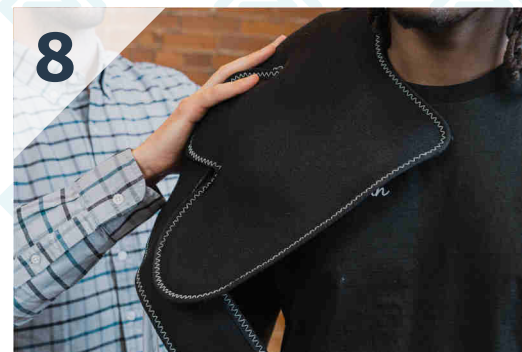
6

Plug black hose into wrap. You will hear a click once connection is secured.



7

Plug black hose into front of machine. You will hear a click once connection is secured.



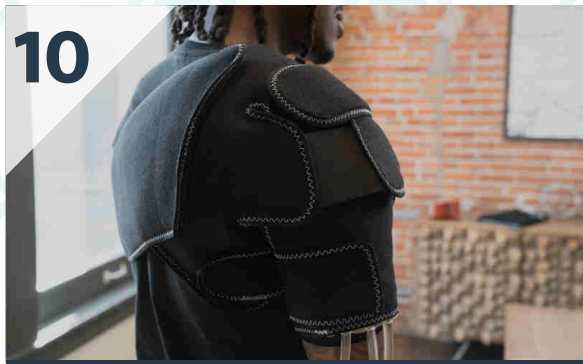
8

Apply wrap. The better the fitment of the wrap, the better the therapy. Snug, secure and comfortable. Ask for help with shoulder application.



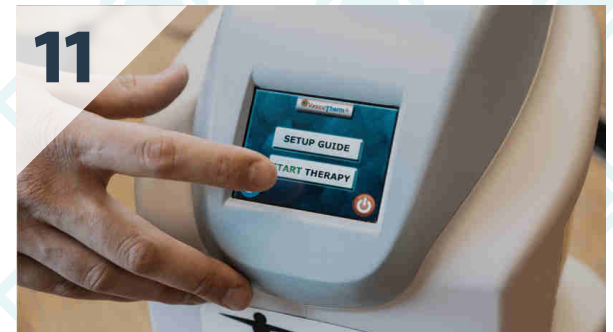
9

Proper shoulder fitment.



10

Proper shoulder fitment.



11

You're ready to start therapy. Sit down, get comfortable and select start therapy on display screen.



12

Therapy menu. Based on your physician prescribed settings, you may be able to adjust temperature and compression. The "ON TIMER" runs COLD and COMPRESSION. The "REST TIMER" runs COMPRESSION only.

For extended use or sleeping; utilize the "REST TIMER"

- Leave your wrap on after the "ON TIMER" expires
- When "REST TIMER" expires, the machine will start a new cold cycle on the "ON TIMER"

This allows you to safely receive therapy for extended periods of time (awake or asleep).



13

The only piece of maintenance is adding more solution to the machine, as needed. Check weekly or if any alarms activate.

To add more solution, perform the following in order:

- Place machine, wrap and hose at the same height
- Turn on machine and begin therapy on the "ON TIMER"
- Turn COMPRESSION off
- Uncap machine
- Pour fluid into reservoir, until full (water meets blue plastic)
- Secure cap back onto machine

Repeat exercise when needed. Keeping the system filled is very important. Best practice is checking/adding weekly.

